

DISHES AND THEIR ALLERGEN CONTENT - The Late Chef

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Confit of Duck														
Marinated Peppers														
Marinated Octopus					✓									
Pigs Cheeks														
Navarin of Lamb														
Chicken in a Red Pepper Sauce														
Chicken Saute Normande	✓													
Game Terrine														
Celebration Terrine														
Pork Pie - Hand Raised Hot Water Pastry		✓		✓										
Chicken and Ham Pie - Hand Raised Hot Water		✓		✓										
Poached Salmon														
Chicken Galantine										✓				
Lamb & Mint Pie		✓		✓										
Beef & Kidney Pie		✓		✓										
Chicken & Ham Pie		✓		✓										
Bolognaise Sauce														
Pork Stratchings														
Pork - Oriental Style												✓	✓	
Basque Style Shredded Beef Cheeks	✓													✓
Pigs Cheeks slow cooked with Vegetables														✓
Beef Winter Stew with vegetables in red wine														✓
Navarin of Lamb with vegetables														
Pasta with pancetta in basil & tomato sauce														
Lentils with Pancetta														
Tomato Confit														
Onion Confit														
Tomato & Broccoli Quiche		✓					✓							
Bacon and Cheese Quiche		✓					✓							
Salmon and Asparagus Quiche		✓					✓							
French Tomato Soup														
Mushroom Soup with thyme														
Gazpacho Soup	✓													
Pea and Mint Soup														
Carrot and Corriander Soup														
Butternut Squash and Ginger														
Winter Vegetable Soup														
Spinach and Squash Gratin with Ricotta custard							✓							
Horseradish Cream														
Pancetta (cooked)														
Tapenade					✓									
Anchoade					✓									
Scones - Raisins		✓		✓			✓							
Dill Scones		✓		✓			✓							
Banana Bread Loaf		✓		✓			✓							
Capuccino Cake		✓		✓			✓							
Lemon Drizzle Cake - loaf		✓		✓			✓							
Carrot Cake		✓		✓			✓							
Normandy Apple Tart - individual		✓		✓			✓							
Normandy Apple Tart - mini		✓		✓			✓							
Chocolote Torte (suitable for vegan diet)		✓		✓			✓							
Triple Chocolate Brownies (Slab)		✓		✓			✓							
Triple Chocolate Brownies (Individual)		✓		✓			✓							
Mince Pies		✓		✓			✓							

Review date: 1 December 2014

Reviewed by: Paul Bellchambers